



# 禪ZEN & the art of systems thinking

**Paul B Martin, ESEP, CTT+**  
SE Scholar, LLC  
paul.martin@se-scholar.com



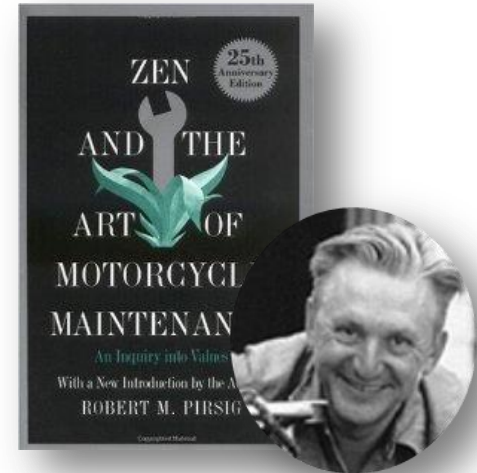
INCOSE-CC Presentation

June 21, 2017

# Objective

- Examine the context of the **Systems Thinking paradigm** by exploring its history and philosophy, as well as its intersection with Systems Science and Systems Engineering.
- "... should in no way be associated with that great body of factual information relating to orthodox Zen Buddhist practice. It's not very factual on ~~motorcycles~~ **Systems Thinking, either.**"

~ Pirsig, R. M. (1974). *Zen and the art of motorcycle maintenance*



# Why Zen?

- In Zen, there are **no categories**; nothing can be separated.
- **Everything is interconnected**. Even us.
- The entire Cosmos is influenced by our actions and our attitudes.



**“We must stop acting as though nature were organized into disciplines in the same way that universities are”**

*Ackoff R.L. 1960. Systems, organizations and interdisciplinary research. General Systems Yearbook 5: 1–8*

# Analysis

- “Since the turn of the century (the 20th century, that is), the accepted approach to dealing with increasing complexity is to try to *reduce* it into manageable “bites” and address them in isolation. This approach is referred to as **analysis**. We analyze a complex situation or issue by trying to break it down into component pieces and consider each in isolation from the others. This kind of thinking has its roots in analytic geometry, where one basic axiom is that *the whole is equal to the sum of its parts*. Think about that for a moment. The underlying assumption behind this conclusion is that all of the parts are essentially independent of one another.”

~ Dettmer, H. William. "[An Introduction to the Systems Approach](#)"

# systems thinking

**Adjective**

modifies

**Noun**

A “whole” consisting of interacting “parts.”

**The act of thinking**

- **Cognitive Biases**
- **Mental Models**

“Systems thinking is not a science; it is a conceptual ability, an orientation, and a framework. However, systems thinking is informed by *knowledge-about-systems*.”

~ Cabrera, D., & Cabrera, L. (2015). *Systems thinking made simple: New hope for solving wicked problems*. .

# Knowledge-about-Systems

- A “whole” consisting of interacting “parts.”  
~ von Bertalanffy, L. (1968). *General System Theory: Foundations, Development, Applications*.
- A combination of interacting elements organized to achieve one or more stated purposes  
~ ISO/IEC/IEEE 15288:2015 *Systems and software engineering -- System life cycle processes*
- Systems are Holons of patterns at one or more scales of conceptualization. The patterns can be distinguished as the substance, the structure, and the dynamics of the system.

~ Kuras, M. (2006). ‘Complex-system engineering’. <http://cs.calstatela.edu/wiki/images/c/c5/Kuras.pdf>

Let's play a game:

**Is it System? or  
Is it a Collection of Parts?**

# System or Collection of Parts?

- Football Team





# System or Collection of Parts?

- Toaster



# System or Collection of Parts?

- Kitchen



# System or Collection of Parts?

- Marriage



# System or Collection of Parts?

- Tools in a Toolbox



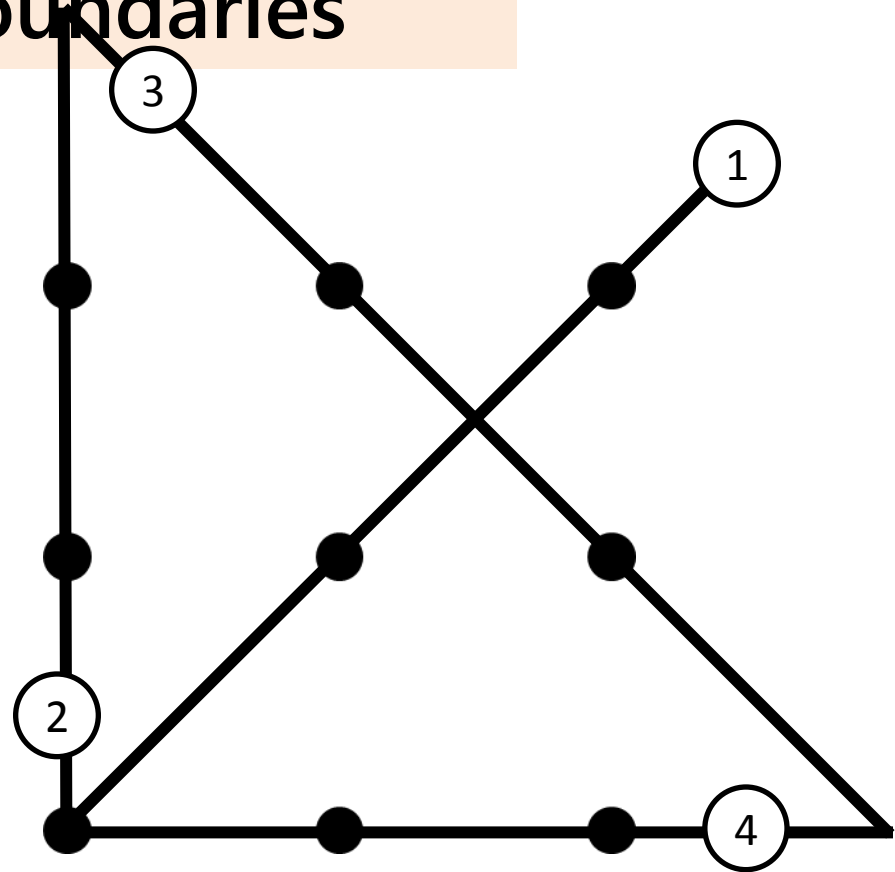
# Collection

# Defining Characteristics of Systems

- Systems have **Purpose**
- **All parts** must be present (for a system to carry out its purpose.)
- The **order and arrangement** of the parts affect performance
- **Feedback** helps the system maintain stability
- All Systems have a **boundary** and operate within an environment.

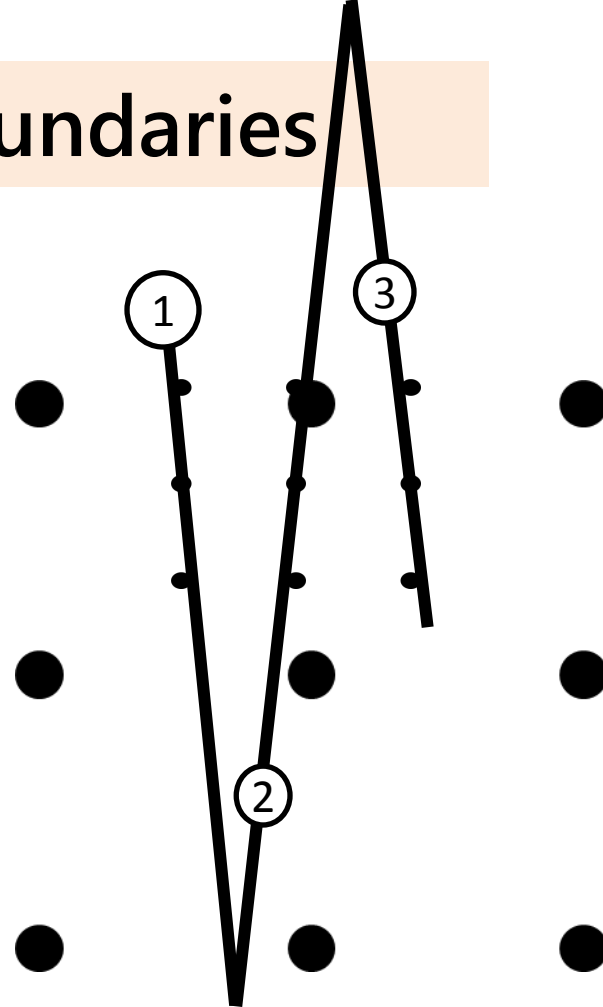
# The challenge: Setting Boundaries

- 9 Dots
- One Rule: Interconnect the dots by drawing **four** straight lines through the nine dots without retracing and without lifting your pen.



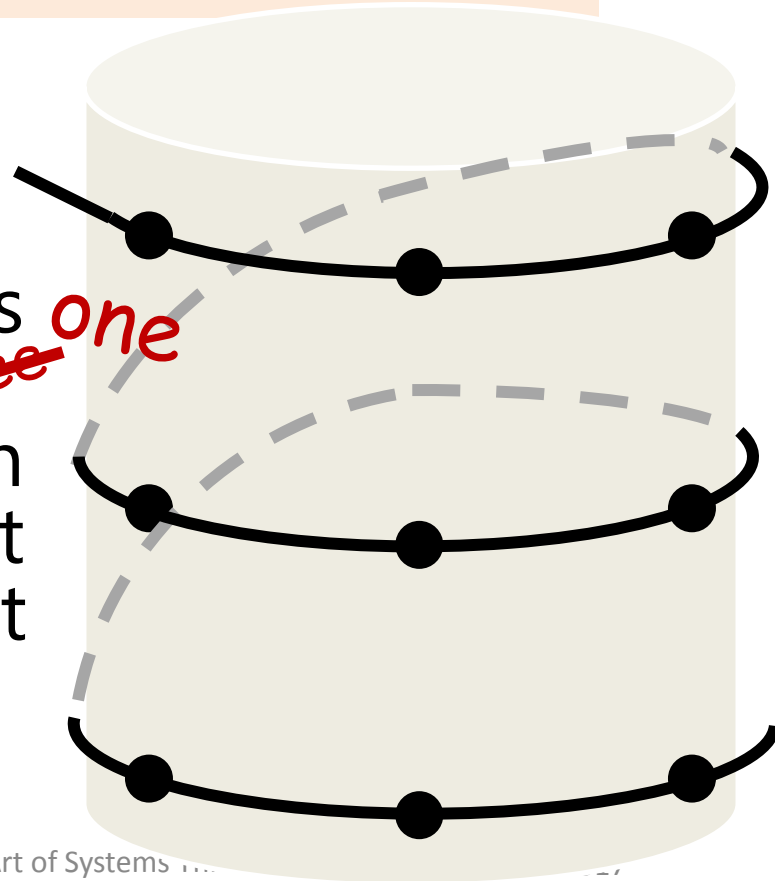
# The challenge: Setting Boundaries

- 9 Dots
- One Rule:  
Interconnect the dots  
by drawing ~~four~~ *three*  
straight lines through  
the nine dots without  
retracing and without  
lifting your pen.



# The challenge: Setting Boundaries

- 9 Dots
- One Rule:  
Interconnect the dots by drawing ~~four~~ ~~three~~ *one* straight lines through the nine dots without retracing and without lifting your pen.





# Boundaries at the Micro Level

**The moment one gives close attention to anything, even a blade of grass, it becomes a mysterious, awesome, indescribably magnificent world in itself.**

**~ Henry Miller**

# Boundaries at the Micro Level



*“The Brute ... That Shouted Love... At the Heart of the Atom.”*

Incredible Hulk Vol 1 #140  
(June 1971), Marvel Comics.

# Boundaries at the Macro



# Impact of the fourth dimension

## System or Collection of Parts?

- A piece of Art in NY Park
  - 36 foot high structure of aluminum and magnesium slab bolted together

*New York City's prominent 1974 outdoor sculpture, 3000 A.D. by Terry Fugate-Wilcox where the piece's various aluminum and magnesium slabs will join themselves into one continuous alloy block around the year 3000. With time all boundaries disappear.*



# Impact of the fourth dimension

System or  
Collection of  
Parts?

- Bowl of Fruit



# Name and Classify everything

*How humans tried to understand the universe*

“Now out of the ground the Lord God had formed every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living creature, that was its name.”

~ 1445 B.C [Genesis 2:19-20]

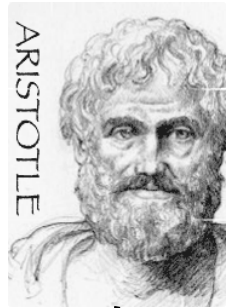


Once the whole is divided, the parts need names.  
There are already enough names.  
One must know when to stop.  
Knowing when to stop averts trouble.

~ 500BC [The Tao Te Ching]

# Name and Classify everything

*How humans tried to understand the universe*

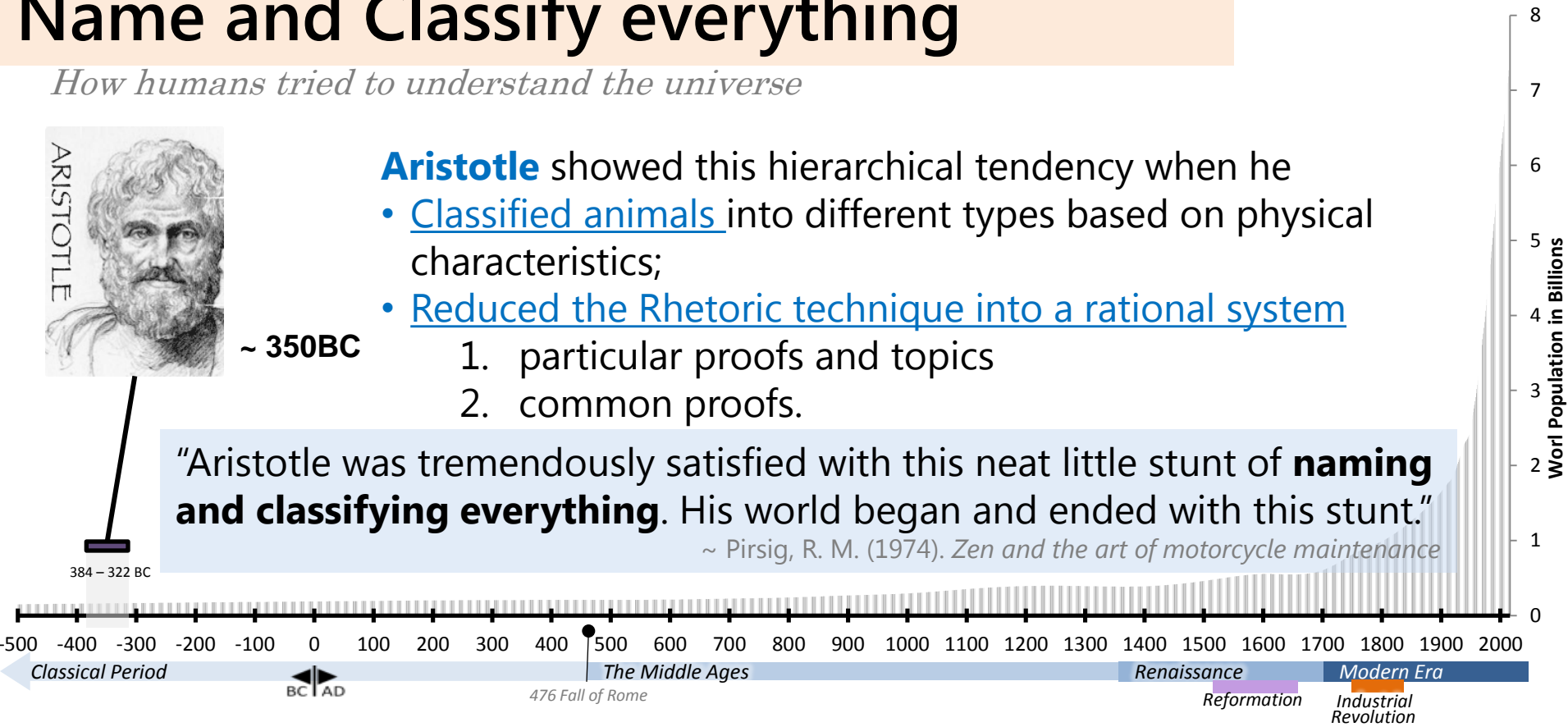


~ 350BC

- Aristotle** showed this hierarchical tendency when he
  - Classified animals into different types based on physical characteristics;
  - Reduced the Rhetoric technique into a rational system
    1. particular proofs and topics
    2. common proofs.

“Aristotle was tremendously satisfied with this neat little stunt of **naming and classifying everything**. His world began and ended with this stunt.”

*~ Pirsig, R. M. (1974). Zen and the art of motorcycle maintenance*

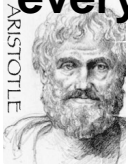


# The Triumph of Reductionism

*How humans tried to understand the universe*

**Reductionism**

**Name and Classify everything**



ARISTOTLE

384 – 322 BC

“... divide all the difficulties under examination into as many parts as possible, and as many as were required to solve them in the best way.”

~~ Descartes, René (1637)

**An essential part of the Scientific Method**



DESCARTES

1596-1650



NEWTON

1643 - 1727



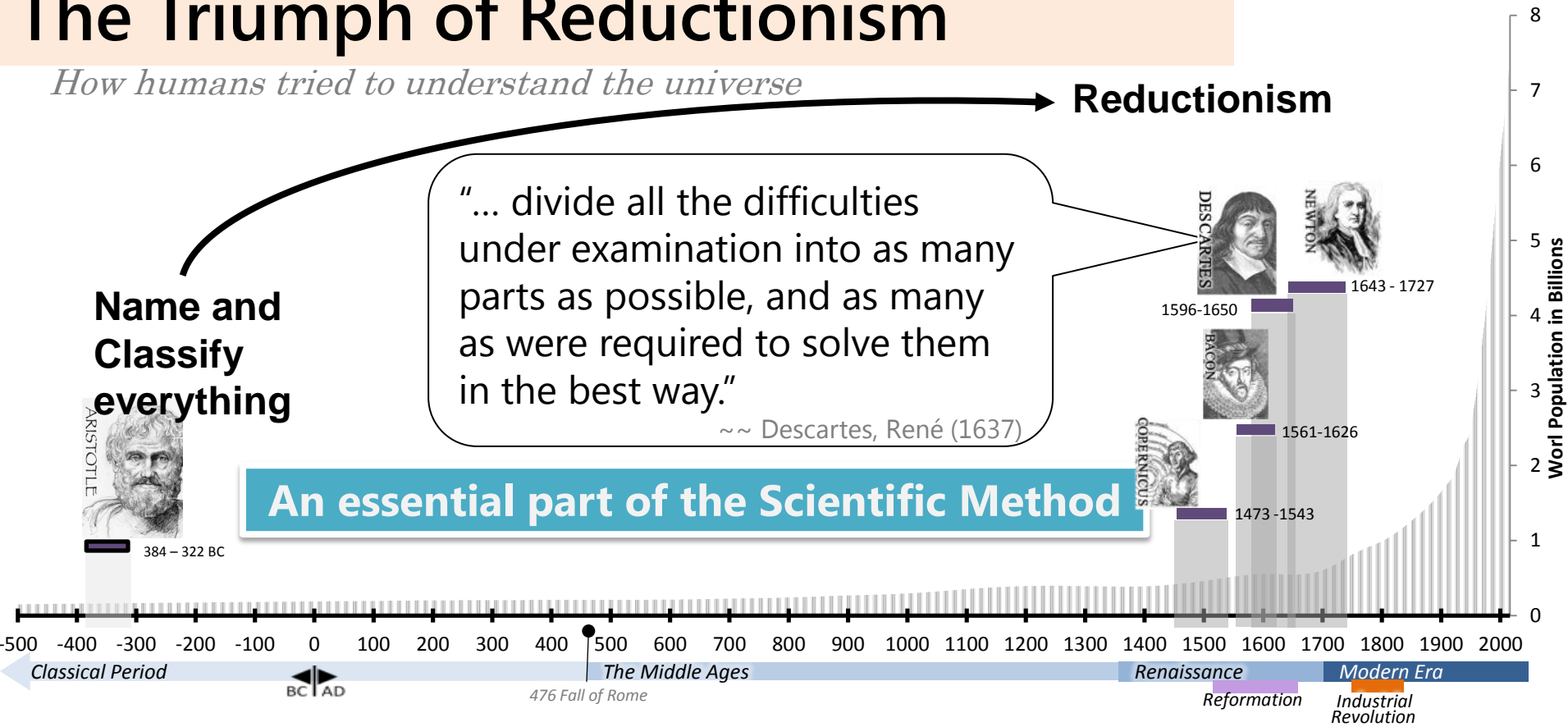
BACON

1561-1626



COPERNICUS

1473 - 1543

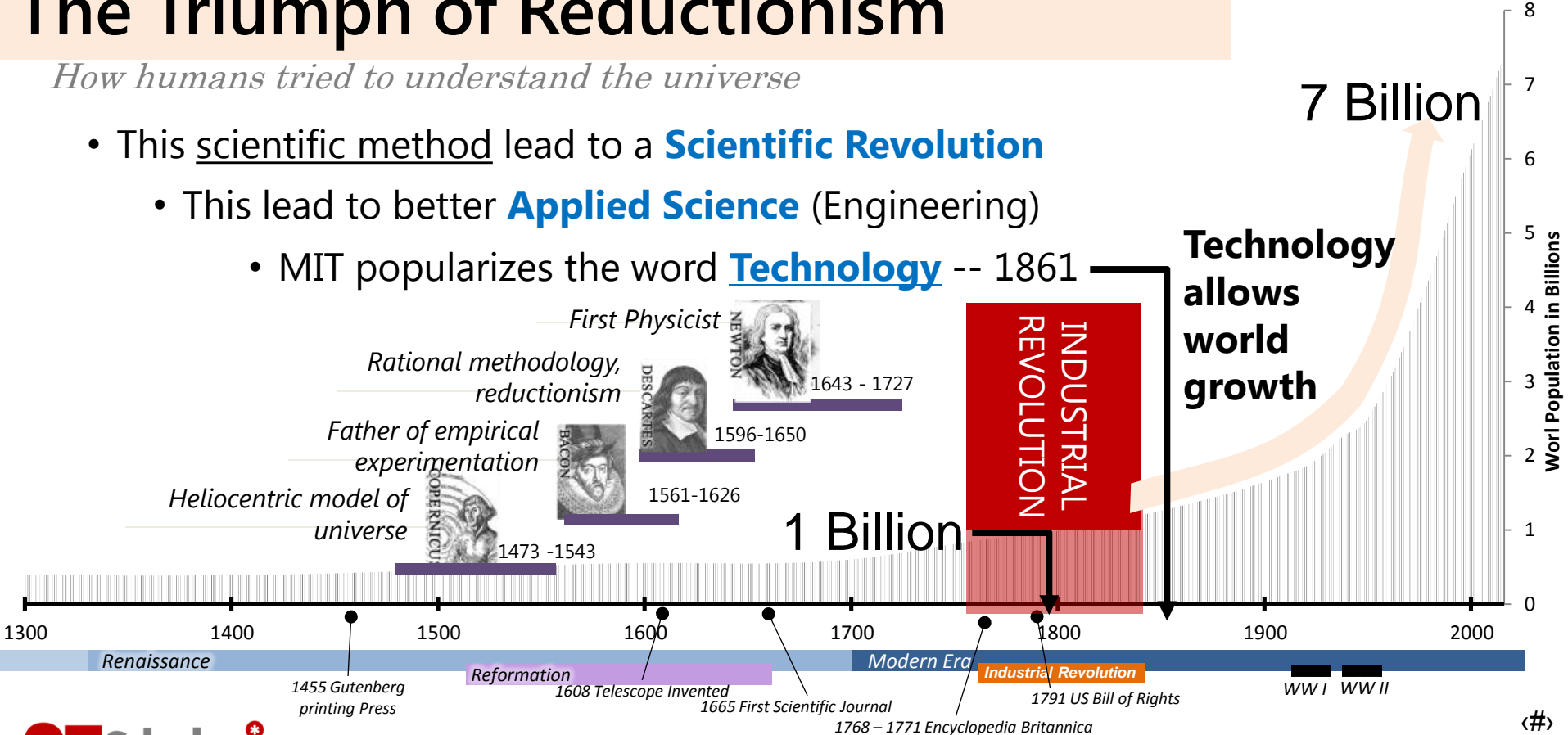




# The Triumph of Reductionism

*How humans tried to understand the universe*

- This scientific method lead to a **Scientific Revolution**
- This lead to better **Applied Science** (Engineering)
- MIT popularizes the word **Technology** -- 1861



# Limitations in Reductionism

*How humans misunderstand the universe*

- “From a very early age we are taught to break apart problems, to fragment the world. This apparently makes complex tasks and subjects more manageable, but we pay a hidden, enormous price. We no longer see the consequences of our actions; we lose our intrinsic sense of connection to a larger whole. When we then try to “see the big picture,” we try to reassemble the fragments in our minds, to list and organize all the pieces .... after a while we give up trying to see the whole altogether.”

~ Senge, P.M. (1990). *The Fifth Discipline*

The price of reductionism is **NOT** seeing the overall system!

# Limitations in Reductionism

*How humans misunderstand the universe*

- **It basically ignores Complexity**

- The whole idea of Reductionism is to reduce complexity – but this doesn't mean complexity isn't still there.

**“If you understand, things are just as they are... If you do not understand, things are just as they are...”**

*~ Anonymous Zen Quote*

- **We can't study Emergence with Reductionism**

- The concept of emergence is based on characteristics that the whole demonstrates and can not be attributed to the components.

**“An appeal to emergence is thus a way to describe the need to go to the macro level and its unique dynamics, laws, and properties in order to explain more adequately what is going on.”**

*~ Jeffrey Goldstein*

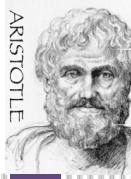
# The need for Systems understanding

*How humans tried to understand the universe better*

- Aristotle observed the fact that **system properties will manifest only when components interact** with one another. These system level properties are different than the individual component level properties.

“the whole is greater than the sum of the parts”

~ Metaphysics Book H 1045a 8-10



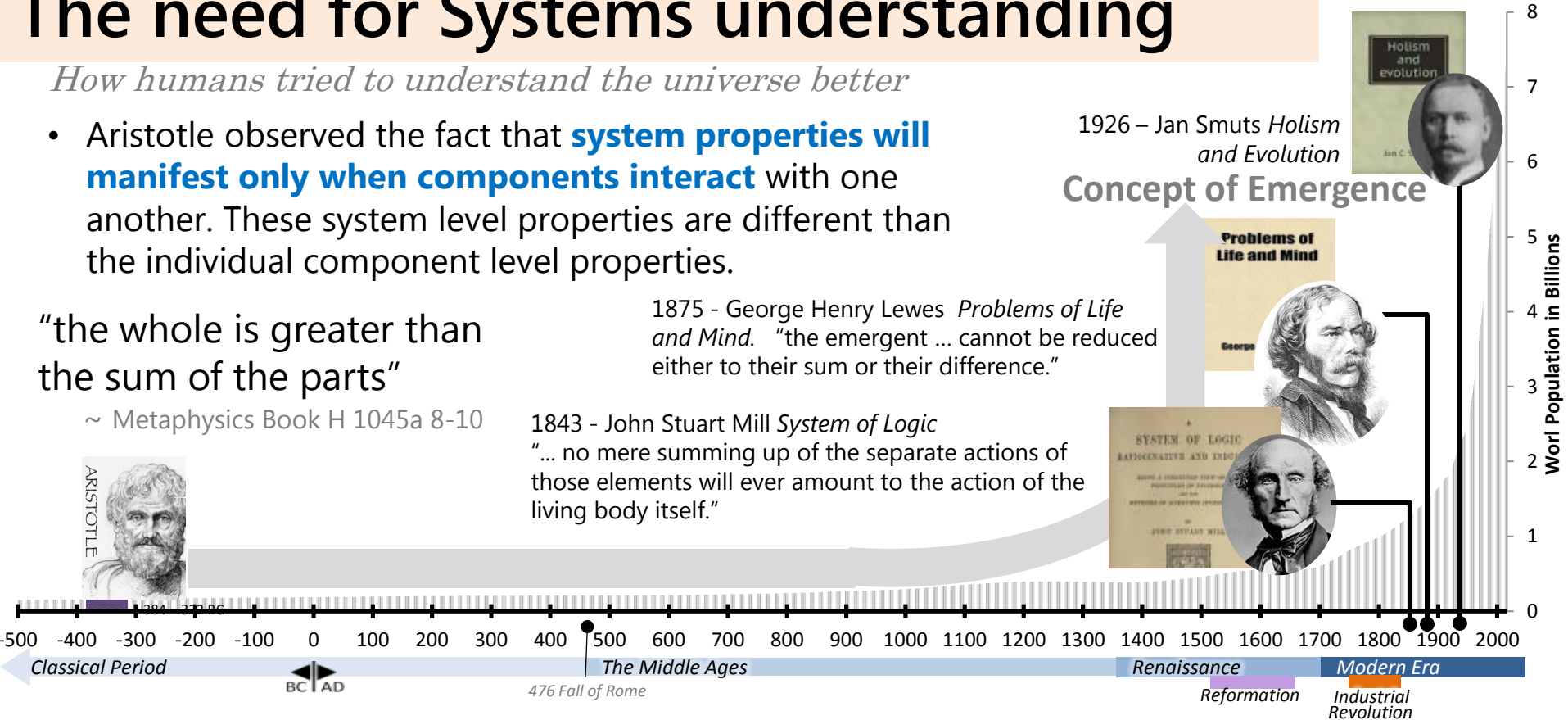
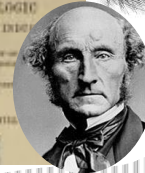
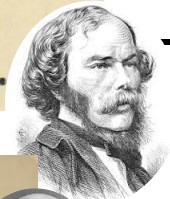
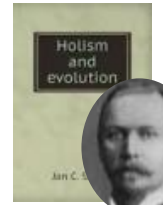
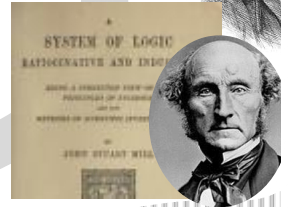
1875 - George Henry Lewes *Problems of Life and Mind*. “the emergent ... cannot be reduced either to their sum or their difference.”

1843 - John Stuart Mill *System of Logic* “... no mere summing up of the separate actions of those elements will ever amount to the action of the living body itself.”

1926 – Jan Smuts *Holism and Evolution*  
Concept of Emergence

Problems of Life and Mind

George



# The need for Systems understanding

*How humans tried to understand the universe better*

1951 - Ludwig Von Bertalanffy, *General System Theory: A New Approach to Unity of Science.*

## General System Theory

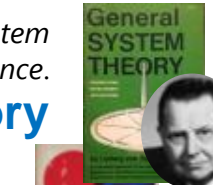
1950 - Churchman, Ackoff, and Arnoff, *Introduction to Operations Research.*

## Operational Research

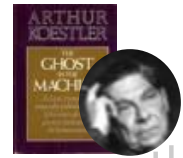
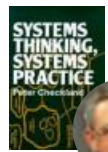
1948 - Wiener N., *Cybernetics or Control and Communication in the Animal and the Machine.*

## Cybernetics

1926 - Jan Smuts *Holism and Evolution*



1981 - Peter Checkland, *Systems Thinking, Systems Practice.*

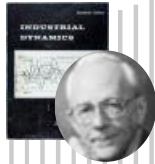


1967 - Arthur Koestler. *The Ghost in the Machine*

## Holons

1961 - Jay W. Forrester, *Industrial Dynamics.*

## System Dynamics



1990 - Peter M. Senge, *The Fifth Discipline*

## Systems Thinking



# Systems Science

## *The Oxymoron*

**Systems** – holistic view to comprehend phenomena

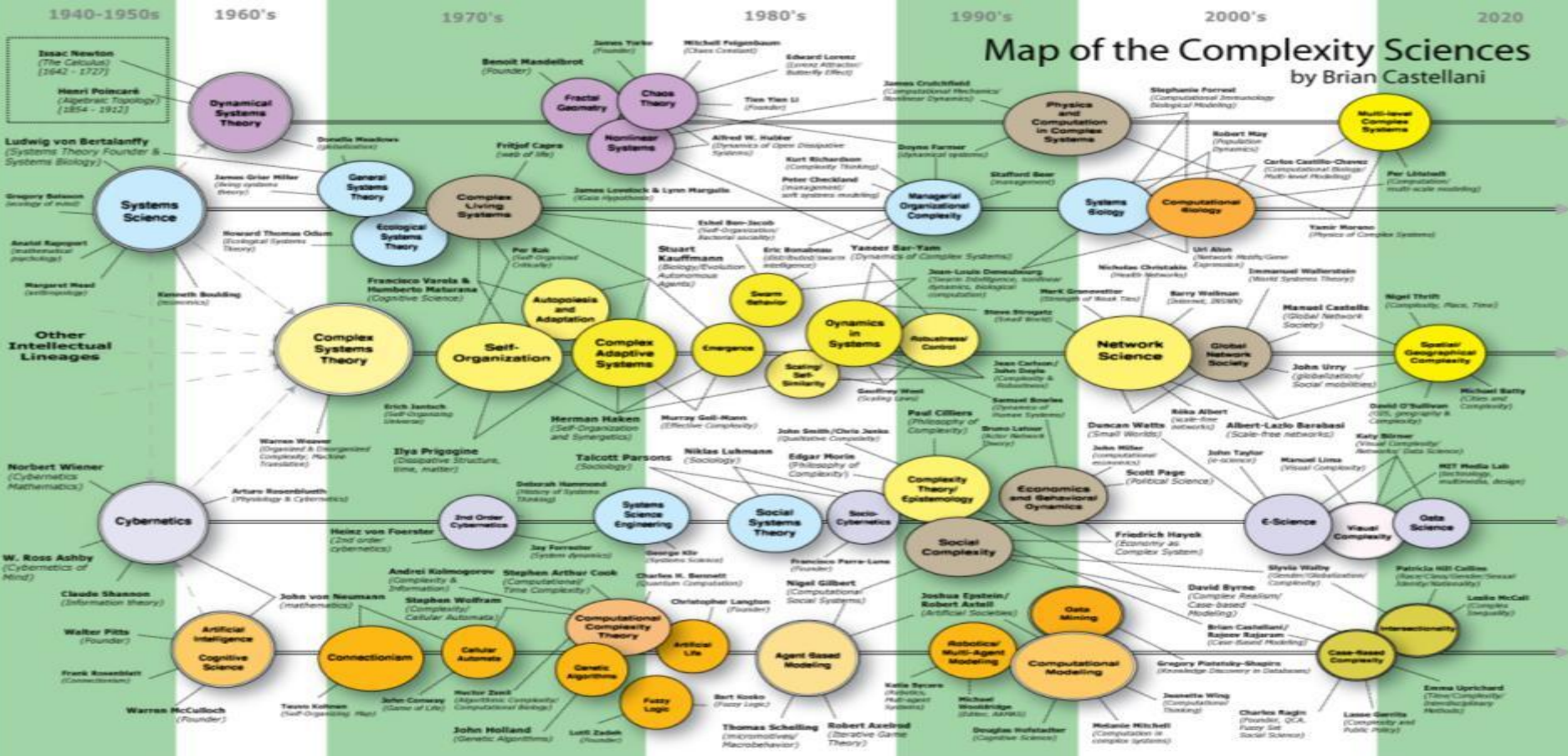
- *Synthesis* – refers to a combination of two or more entities that together form something new

**Science** – reductionist view to comprehend phenomena

- *Analysis* – the process of breaking a complex topic or substance into smaller parts in order to gain a better understanding of it.

A new paradigm - that changes the framework of analysis to an approach of one of synthesis

# Many and various systems theories



# It's not one or the other!

- **“The good systems scientist or philosopher is both reductionist and holist.** Consider the care with which he considers the detailed structure of a system: the meticulous attention he gives to establishing the proper relations between the objects; the methodical way in which he builds his whole model from these parts, having, of course, first defined the boundaries of the whole system; the agonies he goes through as he tries to establish the validity of the model. **This is good hypothetical-deductionist science, and it is good reductionism and holism.”**

~ M'pherson, P. K. "A Perspective on Systems Science and Systems Philosophy." *Futures* 6.3 (1974): 219-39.

**A good Systems Thinker will use both!**



# Conclusion

- Why Systems Thinking?
  - Attacking problems from a Systems Perspective is a reaction to the ineffectiveness of Scientific Reductionism.
- Use both frameworks
  - Use all the tools from System Science and Traditional Science
- Systems Science is new and young – give it time

“[A] Shift of Mind [is going] from seeing parts to seeing wholes, from seeing people as helpless reactors to seeing them as active participants in shaping their reality, from reacting to the present to creating the future.”

~ Senge, P.M. 1990, 2006. *The Fifth Discipline: The Art and Practice of the Learning Organization*. New York, Doubleday/Currency (p. 69)

*Any Questions for the*

# **SE**Scholar



# Paul Martin, *ESEP, CTT+*

- **Manager Technical Training** for Northrop Grumman Corporation
- **Certificates:**
  - International Council on Systems Engineering (INCOSE) Expert Systems Engineering Professional (ESEP);
  - CompTIA Certified Classroom Trainer (CTT+),
- **Adjunct Professor in the UMBC** College of Engineering and Information Technology, Systems Engineering Graduate Programs
  - ENEE 663 -System Implementation, Integration, and Test
  - ENEE 667 - Advanced Systems Engineering Processes.
- Owner of [SE Scholar, LLC](#) – *a company dedicated to helping Systems Engineers get their INCOSE SEP certification. Our goal is to reach all Systems Engineers with affordable, high quality instruction no matter where they live and work!*



# References

- On Zen

- Pirsig, R. M. (1974). *Zen and the art of motorcycle maintenance: An inquiry into values*. New York: Morrow.
- Ackoff, R.L. (1960). Systems, organizations and interdisciplinary research. *General Systems Yearbook* 5: 1–8. p. 6
- Lott, T. (2012, September 21). *Off-beat Zen*. Retrieved January 30, 2017, from <https://aeon.co/essays/alan-watts-the-western-buddhist-who-healed-my-mind>
- *So you want to learn...Zen Buddhism* (2002, March 11) Retrieved January 30, 2017, from Guardian News <https://www.theguardian.com/education/2002/mar/12/furthereducation.uk5>

- On Art

- Abumrad, Jad and Robert Krulwich (Host). (2005, March 4). "Beyond Time" [Audio podcast - RadioLab, Season 1, Episode 5]. Retrieved from <http://www.radiolab.org/story/91504-beyond-time/>

- Scientific Revolution texts (1550-1700)

- Copernicus (1543) *De revolutionibus orbium coelestium (On the revolutions of the celestial spheres)*
- Bacon, F. (1620). *Novum organum.(New Instrument)*
- Descartes, R. (1637) *A Discourse on Method*
- Newton, I. (1687) *Philosophiae naturalis principia mathematica (Mathematical Principles of Natural Philosophy)*

# References

- Pirsig, R. M. (1974). *Zen and the art of motorcycle maintenance: An inquiry into values*. New York: Morrow.
- Senge, Peter M. 1990 *The Fifth Discipline: The Art and Practice of the Learning Organization*. New York, Doubleday/Currency.
- Goldstein, Jeffrey. (1999) "Emergence As A Construct: History And Issues." *Emergence* Vol 1 No..1: 49-72.
- Hieronymi, A. (2013), [Understanding Systems Science: A Visual and Integrative Approach](#). *Syst. Res.*, 30: 580–595.
- Sillitto, H. (2012), 4.3.2 [Integrating Systems Science, Systems Thinking, and Systems Engineering](#): understanding the differences and exploiting the synergies. *INCOSE International Symposium*, 22: 532–547
- Arnold, Ross D., and Jon P. Wade. "[A Definition of Systems Thinking: A Systems Approach](#)." *Procedia Computer Science* 44 (2015): 669-78.
- Dettmer, H. William. "[Destruction and Creation: Analysis and Synthesis](#)." Web. Accessed 8 Dec. 2016. Part 3 of 12 articles on systems thinking - <http://www.goalsys.com/systemsthinking/>
- Checkland, Peter. *Systems Thinking, Systems Practice*. Chichester: J. Wiley, 1981.
- M'pherson, P. K. "A Perspective on Systems Science and Systems Philosophy." *Futures* 6.3 (1974): 219-39.
- Castellani B, Hafferty FW. 2009. *Sociology and Complexity Science: A New Field of Inquiry*. Springer: Berlin. [http://www.art-sciencefactory.com/complexity-map\\_feb09.html](http://www.art-sciencefactory.com/complexity-map_feb09.html) [last accessed 2/6/17].